

## MT KILIMANJARO 14 DAY ADVENTURE ITINERARY

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### DAY 1: WELCOME! – KARIBU

Arrive at Kilimanjaro International Airport (JRO). We will be there to meet you and transfer you to our lodge in Moshi. Join us for a welcome dinner and meet our local trekking guides.

### DAY 2:

After breakfast we head to Marangu Village in the foothills of Mt Kilimanjaro. Today is a great day to start to acclimatize & stretch our legs with a walk through the local village. We explore the Chugga Museum, waterfalls, and have the opportunity to meet the local people who live here in the foothills of the mountain. Be part of our community project where we support these local families with produce and learn about their traditional ways. In the afternoon we drive back to the lodge. We re-pack gear ready for the trek, gear check, hire any extra equipment and have a full trek briefing with our mountain guides. Dinner & early night ready for our trekking adventure!

### DAY 3: MACHAME GATE TO MACHAME CAMP (TREK – DAY 1)

Elevation: 1800m to 3000m Distance: 11km Hiking Time: 5-7 hours Habitat: Montane Forest

Rise and shine, breakfast & then we transfer from our Lodge to Machame Gate for registration. Our porters prepare and pack our supplies and luggage before we start our ascent along the forest trail to Machame Camp. Our mountain journey begins! A gradual hike through the lush misty rainforest, with the opportunity to see the Columbus monkeys along the way. As we arrive at the first camp, we have time to enjoy the sunset and settle into camp after our first days trek.

### DAY 4: MACHAME CAMP TO SHIRA CAMP (TREK – DAY 2)

Elevation (m): 3000m to 3850m, Distance: 9km, Time: 4-6 hours, Habitat: Moorland

After breakfast, we start walking, leaving the rainforest behind, and continue our ascent, crossing a small valley and up to a steep rocky ridge, into a new climatic zone: heath. Our route now turns west onto a river gorge until we reach Shira 1 Camp.

### DAY 5: SHIRA CAMP TO BARANCO CAMP (VIA LAVA TOWER) (TREK – DAY 3)

Elevation (m): 3850m to 4600m to 3950m, Distance: 12 km, Time: 6-7 hours, Habitat: Semi-desert

Today we will climb up to 4600m to the base of the barren surreal Lava Tower for lunch and acclimatization. This will be our toughest day so far and you may, for the first time, feel the effects of altitude. After lunch we will descend by almost 650m to Baranco camp, following the "walk high, sleep low" golden rule of acclimatization. Our descent to Baranco camp takes about 2 hours and offers great opportunities to take some beautiful photographs of the Western Breach and Baranco Wall. The camp is situated in a valley below the Breach and Great Baranco Wall, and is a beautiful place for our camp site.

### DAY 6: BARRANCO CAMP TO KARANGA CAMP (TREK – DAY 4)

Elevation (m): 3950m to 3930m, Distance: 7 km, Time: 4 hours, Habitat: Alpine Desert.

A short, but exciting day, starting with a challenging scramble, to the top of the famous Great Baranco Wall. At the top we are rewarded with some of the most amazing views and a great chance to take some pics. We then traverse over scree to the Karanga Valley (3930m) beneath the icefalls of the Heim, Kersten and Decken Glaciers. We spend the afternoon and evening at Karanga campsite where we can take in the amazing views of the summit and prepare our minds for what's to come!

### DAY 7: KARANGA CAMP TO BARAFU CAMP (TREK – DAY 5)

Elevation (m): 3930m to 4600m, Distance: 6kms, Time: 3 hours Habitat: Alpine Desert

We leave Karanga campsite behind to meet the junction connecting with the Mweka descent trail. From here we continue through the barren alpine desert up to the Barafu Hut. You have now completed the Southern Circuit, which offers beautiful views of the summit from many different angles. The two peaks of Mawenzi and Kibo are to be clearly seen from this position. We arrive at camp in the early afternoon, to rest, enjoy dinner, and prepare for the summit we have been waiting for!

### **DAY 8: BARAFU CAMP TO SUMMIT (TO MWEKA HUT) (TREK – DAY 6)**

Elevation (m): 4600m to 5895m to 3100m), Distance: 7km ascent / 23km descent, Time: 6- 8 hours ascent / 7-8 hours descent, Habitat: Stone scree and ice-capped summit.

You will be woken at 11:30pm with tea and biscuits, by our ever supportive team. We start our trek to the summit between the Rebman and Ratzel glaciers through heavy scree up to Stella Point on the crater rim. This is the most mentally and physically challenging part of the entire trek. This is when we gather our collective courage and slowly climb towards the top. At Stella Point (5732m), we will stop for a short rest, ginger tea and in time to witness the magnificent sunrise over Mawenzi Peak (weather permitting). We are now only an hour away from the summit, as we travel along the amazing Furtwangler Glacier to Uhuru Peak (5895m), the highest point on Mount Kilimanjaro and the continent of Africa. You made it! A short time to enjoy the iconic view and take some pictures. From the summit, we descend down to the Mweka Hut camp site, via Barafu for lunch and a well earned rest. Trekking poles will be needed for the loose scree going down to Mweka Camp (3100m). In the evening, we will enjoy our last dinner on the mountain and a well-earned sleep.

### **DAY 9: MWEKA CAMP TO MWEKA GATE (TREK – DAY 7)**

Elevation (m): 3100m to 1800m, Distance: 10 km, Hiking Time: 3-4 hours, Habitat: Forest

Our final day of the trek, after a traditional farewell dance with our mountain family, our incredible guides & porters head down the trail for the last time. We descend a gradual 1300m to the Mweka Park Gate to reach the end of our epic mountain adventure! Here we transfer back to our lodge in Moshi for a well deserved lunch, hot showers, and a restful afternoon. Celebration Dinner & party night!

### **DAY 10: WOMEN'S CULTURAL DAY**

Meet our local charity partner, who provide free education for women, teaching English and business skills. Share stories, support these business projects and experience local culture. Including massage, bead making with Moshi Mummas craft Co-op, and a specially prepared lunch with the local Kili Kitchen womens project. Later visit the local markets and explore Moshi town.

CULTURE & SAFARI ADVENTURE

### **DAY 11: OUR NEXT ADVENTURE BEGINS**

Visit the Kikuletwa Hot Springs for a morning refresh, then on to the lively town of Arusha, at the foothills of Mt Meru. Visit the famous Tanzanite museum and masai markets. Stay overnight at the beautiful local safari lodge, ready for an early start on our Safari.

### **DAY 12 & 13 - SAFARI TIME! NGOROGORO CRATER AND TARANGIRE NATIONAL PARK**

Experience an unforgettable game drive, taking in some of the best National Parks in Tanzania. Ngorogoro Crater is a world heritage site holding a permanent population of more than 30,000 animals. This is like the garden of eden, where we actually drive down the wall of the biggest Caldera in the world. The crater is teeming with wildlife, you can expect to see lions, elephants, giraffes, zebras, hippos, jackals, rhinos, antelopes, flamingos and many birds and other species. Tarangire National Park is one of Africa's little-known gems, boasting a variety of wildlife as diverse as its landscape, Tarangire is also the park that can boast being home to Tanzania's largest population of African elephants. Transfer back to our lodge for our last night and farewell dinner!

### **DAY 14 - GOODBYE ~ KWAHERI ~ THE END OF OUR TANZANIAN ADVENTURE!**

Depart for Kilimanjaro International airport OR optional trip extensions\*

***\*Trip Extensions – Exotic Zanzibar Island Or Masai Tribe Homestay (3-4 days)***

## WHATS INCLUDED:

- 7-day fully guided trek of Mt Kilimanjaro – Machame Route
- 7 nights quality hotel accommodation, twin share B&B, (Pre/post trek)
- All breakfast and dinners (including Welcome and Celebratory dinner)
- Professional and certified Mountain guides, porters & cooks
- Fair and ethical treatment of guides, porters and crew (we respect and care for our crew!)
- High guide:client ratio
- All salaries and tips to guides, porters and mountain crew
- All transfers to & from NP entrance gate for trek
- Twin share tented accommodation & 3 meals/day on the trek (nutritious food!)
- Tents, sleeping mattress, mess tent, chairs, portable toilet, clean purified drinking water
- Medical evacuation/rescue fees/emergency oxygen tank/pulse oximeter
- Wanderlust Adventure leader to arrange all logistics, support & inspire you to the top
- Transfers to & from Kilimanjaro Airport (JRO) (\*at specific pick up time)
- Marangu Village day trip – Chagga Caves, waterfalls, family village life & community project
- Womens Cultural Day – meet the local women of Moshi & support womens micro-business – includes beading session, home visit, traditional lunch & exploring the secret places of Moshi.
- Arusha day trip – Kikuletwa Hot Springs, traditional Masai markets & Tanzanite museum
- Safari Adventure – exploring some of Tanzania’s best National Parks, professional local Safari guide, 4x4 Safari jeep with pop-up roof & air conditioning, National Park entry fees
- Transfers to Kilimanjaro International airport (JRO) (\*at specific time)

## WHATS NOT INCLUDED:

- Flights/Visas
- Gear/trekking clothing (hire available)
- Travel insurance (mandatory) must be to 6000m non technical trek
- National park entry fee for trek (\$970 usd paid by you at the N.P entry gate)
- Any additional meals not specified (2x lunch)/drinks/general tips/water
- Any items of personal nature; phone calls, laundry, drinks etc
- Any extra nights at lodge in Moshi and meals if you descend Mt Kilimanjaro trek early.

\*Transfers to/from Kilimanjaro Airport are included at a designated time on the official adventure start & end date. If you arrive outside of these dates or times, you are responsible for transfer cost.

NB: To secure your booking, payment of \$1000 is required (non-refundable).

Please note that prices may be subject to change according to country currency rate fluctuations, and other international government forces beyond our control. Final payment will be charged at the currency fee of the day.